

Wonder Woman Weekend

## **Frequently Asked Questions**

### **What will we be doing in the workshop?**

This is the most commonly asked question, unfortunately there is no straight forward answer we can give you so we asked some participants how they would describe the experience. Here are some of the responses we received...

unbelievable

amazing

more than I could have ever imagined

you (Inner Visions) could not have described this

life changing

So we can only tell you what we told them... *Trust the Process!*

### **What should I bring?**

An Open Mind. An Open Heart. And a Willing Spirit. You Must Be Willing!

### **Is there a dress code?**

The environment of our workshop is very casual. You should bring loose fitting comfortable clothing. Please wear **light** colored clothing. Also, we will conduct a mandatory exercise each morning. For that you will need tennis shoes, sweat pants or workout clothing.

### **Do I have to participate in all sessions?**

Yes. All workshop participants are require and expected to participate in all sessions. The workshop begins on Friday at 4:00 p.m. and ends on Sunday at 4:00 p.m.. Please make your travel arrangements accordingly and allow for travel time to and from the airport.

### **Financial Commitment**

The financial commitment for the Wonder Woman Weekend is:

**\$800** if postmarked and paid in full

by September 20, 2010

**\$850** if postmarked and paid in full

after September 20, 2010

## **Payments**

Workshop tuition includes a non-refundable deposit of \$200.00 to reserve a space in the workshop. We accept checks, money orders, Visa, MasterCard, American Express and Discover.

## **Registration**

Neither partial nor full payments will be considered as registration for the workshop if we do not receive the attached registration form. All participants **must** complete and return the original copy of the registration form. All incomplete forms will be returned.

**Mail your completed registration form and payment to:**

**Inner Visions - P.O. Box 8517 -Silver Spring, MD 20907**

Facility & Lodging & Meals

**National Labor College -10000New Hampshire Ave**

**Silver Spring, MD 20903**

## **Cancellation Policy**

Cancellations made 30 days or more prior to the workshop date will entitle you to a refund of all monies paid less a \$200.00 non-refundable deposit. No money will be refunded on cancellations made less than 30 days in advance. All cancellations and/or request for refunds must be submitted in writing.

## **Travel/Transportation**

If you are flying, we are closest to Baltimore-Washington International (BWI) and National Airports.

By train, take Amtrak to Union Station Washington DC.

From all points above, a taxi to the center is approximately \$35.00-\$50.00

If you are traveling by bus, Greyhound comes to Silver Spring.

Driving directions: Route 495 (Washington/Capitol Beltway Exit 28A New Hampshire Ave. N. Make a left turn at traffic light - Powder Mill Road.

We would like to suggest that you do not purchase restricted or non-refundable tickets for travel, as the date and/or location of the workshop could change. Inner Visions assumes no liability for penalties or fare increases should such changes occur.