

THE DETAILS

FINANCIAL COMMITMENT

The financial commitment for the Wonder Woman Weekend is:

\$500 if postmarked and paid in full 30 days prior to workshop

\$550 if postmarked and paid in full less than 30 days prior to workshop

These costs do **not** include lodging or travel.

PAYMENTS

Workshop tuition includes a non refundable deposit of \$200.00 to reserve a space in the workshop. We accept checks, money orders, Visa, MasterCard, American Express and Discover.

REGISTRATION

Neither partial nor full payments will be considered as registration for the workshop if we do not receive the enclosed registration form. All participants **must** complete and return the original copy of the registration form. All incomplete forms will be returned.

Mail your completed registration form and payment to:

Inner Visions
P.O. Box 8517
Silver Spring, MD 20907

MEALS

All meals are the responsibility of the participant.

Inner Visions will host a reception Friday 4 - 6 p.m.

We are here to love and support you

FACILITY & LODGING

The workshop will be held at CHOICE Hotels International 10720 Columbia Pike Silver Spring, MD 20901

Overnight accommodations are the responsibility of the participant. The hotels in the area are:

Holiday Inn Silver Spring
8777 Georgia Ave 301-589-0800

Courtyard by Marriott
12521 Prosperity Drive 301-680-8500

Silver Spring Hilton
8727 Colesville Road 301-589-5200

CANCELLATION POLICY

Cancellations made 30 days or more prior to the workshop date will entitle you to a refund of all monies paid less a \$200.00 non-refundable deposit. No money will be refunded on cancellations made less than 30 days in advance. All cancellations and/or requests for refunds must be submitted in writing.

TRAVEL/TRANSPORTATION

If you are flying, we are closest to BaltimoreWashington International (BWI) and National Airports. By train, take Amtrak to Union Station Washington DC. From all points above, a taxi to the center is approximately \$35.00-\$50.00

If you are traveling by bus, Greyhound comes to Silver Spring.

Driving directions will be provided once you have registered.

We would like to suggest that you do not purchase restricted or nonrefundable tickets for travel, as the date and/or location of the workshop could change. Inner Visions assumes no liability for penalties or fare increases should such changes occur.



Our Vision

To realize a world where people live within their authentic power through the knowledge of Spirit, spiritual laws and spiritual principles.

Our Mission

Inner Visions is a network of spiritual and holistic practitioners, who believe that all individuals must be empowered. We believe that empowerment is a function of knowing who you are, why you are on the planet and the role you play in the divine order of life. With this knowledge every individual is equipped to demonstrate in their lives, through their action, the Glory we know as God. We are therefore teachers dedicated to spreading knowledge of God.

Our Purpose

To provide a space and to impart information that lends to personal transformation. Thus, creating a world where people live in freedom and total acceptance of one another through the power of unconditional love.



INNER VISIONS INSTITUTE

A 501(c)(3) NONPROFIT ORGANIZATION

P.O. Box 8517
Silver Spring, MD 20901
301-419-8085



INNER VISIONS
SPIRITUAL LIFE MAINTENANCE, INC.

PRESENTS

The Wonder Woman

WEEKEND



FACILITATED BY

Iyanla Vanzant



The Wonder Woman

W E E K E N D

If you are waiting for life to become the wondrous adventure you always dreamed it could be. . . *The Wonder Woman Weekend is for you!*

If you are wanting, struggling, trying to find a deeper, more meaningful purpose in life. . . *The Wonder Woman Weekend is just what you need!*

If you are stuck in the trauma of childhood experiences, the pain of a broken heart, the isolation of feeling alone, the confusion of unfulfilled dreams, or the muck and mire of everyday living. . . *The Wonder Woman Weekend is the answer you have prayed for.*

We are going to pray, play, share, explore, uncover the wondrous woman power buried at the center of your being!

Using meditation, visualization, spiritual self examination techniques, we will support you in healing your mind and opening your heart.

Facilitated by Iyanla Vanzant, and a team of fourteen spiritual and holistic practitioners, this is more than a workshop, it is "Soul Surgery" guaranteed to give you the "faith lift" needed to bring your life into alignment with the wonderful power inherent in all women.

The Wonder Woman Weekend is more than just a workshop, it is an experiential learning process which places you in touch with the emotional and mental patterning that inhibits your ability to live up to your full potential. Our workshops are designed to love and support you into a state of peace, health, joy, balance, and love without giving you more to do. You can be free of the mental, emotional and spiritual chains which have held you in bondage.

What You Can Expect in the Workshop

- Learn how to control, direct and focus your thoughts;
- Learn how to breathe consciously and make the most of your life force;
- Learn how to take care of yourself by honoring your feelings;
- Learn how to say No! to others without feeling guilty;
- Learn how to get/identify exactly what you want and how to make it manifest;
- Learn how to make decisions and take action without fear or hesitation;
- Learn how to identify your life's purpose and put it into action;
- Learn about the power buried within you and how to make it work for you!
- Learn how to experience success without Self-sabotage.

Frequently Asked Questions

WHAT WILL WE BE DOING IN THE WORKSHOP?

This is the most commonly asked question, unfortunately there is no straight forward answer we can give you so we asked some participants how they would describe the experience. Here are some of the responses we received: *Unbelievable...Amazing...More than I could have ever imagined...You (Inner Visions) could not have described this...Life changing...* So we can only tell you what we told them — **Trust the Process!**

WHAT SHOULD I BRING?

An open mind. An open heart. And a willing spirit. You must be willing!

IS THERE A DRESS CODE?

The environment of our workshop is very casual. You should bring loose fitting comfortable clothing. Please wear white or light colored clothing. Also, we will conduct a mandatory exercise each morning. For that you will need tennis shoes, sweat pants or workout clothing.

DO I HAVE TO PARTICIPATE IN ALL SESSIONS?

Yes. All workshop participants are required and expected to participate in all sessions. The workshop begins on Friday at 4:00 p.m. and ends on Sunday at 4:00 p.m.. Please make your travel arrangements accordingly and allow for travel time to and from the airport.



The Next Step . . .

INNER VISIONS INSTITUTE FOR SPIRITUAL DEVELOPMENT

A heart-centered and practical approach to learning how to live your life to its fullest in a peaceful, self-nurturing manner. Two and three year programs are designed to provide and interactive, experiential exploration on the impersonal laws of the universe while developing coaching competencies. For more info e-mail us at IVISD@innvisionsworldwide.com innvisionsworldwide.com