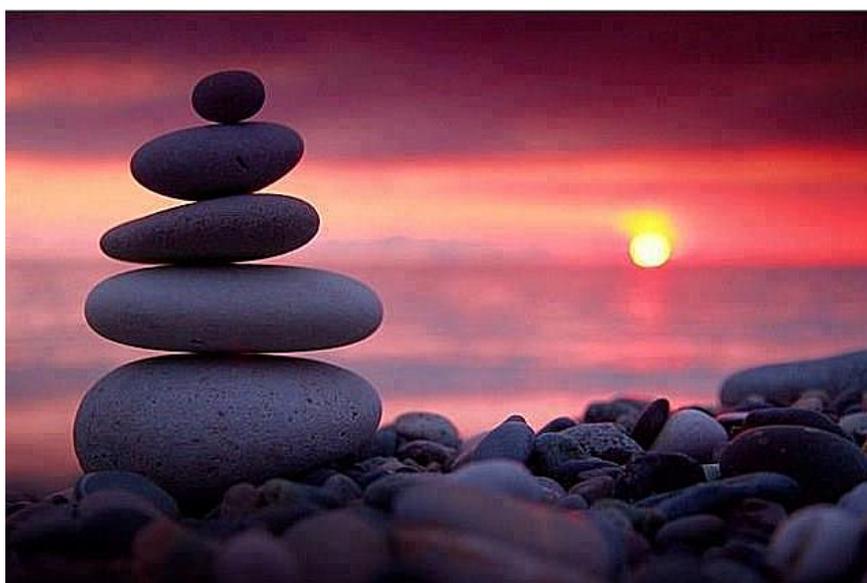




INNER VISIONS INSTITUTE
FOR
SPIRITUAL DEVELOPMENT



Spiritual Life Coaching Certification

~ Enrollment Document ~



Important Dates

Interest Meetings

February 2019- March 2019

Application Deadline

April 5, 2019 by 11:59 pm

Applications will be reviewed as on a rolling basis, applicants are encouraged to submit their application as soon as possible

Interviews

Will occur within ten business days of application submission

Applicant must meet qualifications in order to be granted an interview

Interviews will take place via ZOOM video conferencing, all applicants must conduct their interview via video

Notification of Application Status

You will be contacted via email on or before April 26, 2019

You will be granted acceptance into the coaching program or will be placed on the waiting list

\$350.00 Commitment Fee

Due May 10, 2019

Due to Inner Visions Institute for Spiritual Development

Summer Intensive Room & Board Fee:

Due May 31, 2019

Located at Omega Institute in Rhinebeck, NY

June 30, 2019- July 5, 2019

[CLICK HERE](#) to view rates, please note the rates may change

Student chooses preferred accommodations for 5 nights;

Student secures lodging directly with Omega Institute

Fees due to Omega Institute

\$650.00 Summer Intensive Fee

Due June 15, 2019

Due to Inner Visions Institute for Spiritual Development

Class Begins

June 30, 2019- July 5, 2019

Located at Omega Institute in Rhinebeck, NY

Class Weekends will begin in September 2019 through June 2020 in Maryland

Classes will take place the 2nd full weekend of the month:

Friday: 5-10 pm, Saturday: 9 am- 10 pm, Sunday 8:30 am- 5:00 pm

September 13-15, 2019

October 11-13, 2019

November 8-10, 2019

December 13-15, 2019

January 10-12, 2020

February 14-16, 2020

March 13-15, 2020

April 10-12, 2020

May 8-10 2020

Graduation Weekend

Thursday June 4 – Sunday June 7, 2019



Spiritual Life Coaching Curriculum

The Inner Visions Institute's Spiritual Life Coaching Program curriculum is designed to prepare each candidate to utilize spiritual laws, tools, practices and principles in implementing coaching skills as a process of moving individuals toward a desired vision. Each coaching student learns the coaching process from the INSIDE OUT! The coaching student masters' self-discovery, personal growth and healing to transform his personal life first and then shares that process with clients they coach. Even greater, the responsibility and value of being a team member as a means of manifesting a vision for the community and the world, is embedded in the spiritual life coaching curriculum paradigm. The following courses contribute to the development of the student coach's competency and insight into the journey of spiritual evolution and life success for himself and for others.

Course Descriptions

Advanced Coaching Skills

This course focuses on spiritual principles, skills and tools. Core Coaching Competencies of Active and Engaged Listening, Clarifying Goals and Desires, Clear Communication, Creating Awareness, Creating Results, Effective Questioning, Facilitating Learning, and Inviting Possibility. Students will study, integrate and apply spiritual principles, skills and tools into their personal life experience which will support them in supporting their clients in doing the same. Students will need to demonstrate the application of specific principles, skills and tools per quarter at a satisfactory level or better to successfully complete this course.

Advanced Metaphysics

The intention of this course is to expose, increase and fortify the student's awareness and understanding of how Universal Spiritual Laws fundamentally operate in their lives. This includes how life experiences are created when operating unconsciously and how life experiences can shift when one is consciously evoking Universal Spiritual Laws. Students will be immersed in identifying, applying and integrating the laws through lecture, individual and group processing and written assignments. To successfully complete this course, students will be required to demonstrate proficiency in mastering how Universal Spiritual Laws operate in conjunction with principles, skills and tools to support themselves in self, client and group coaching dynamics.

Business of Coaching

This course supports the student in taking the necessary action steps related to creating or advancing a coaching practice including the development of forms, client intake, client assessment, client evaluation, required business practices (taxes, record keeping, etc.) and professional ethics. Students will be supported in developing a comprehensive business and marketing plan. Students will participate in supervised in-person coaching hours via coaching trios, through the two (2) group projects, the coaching cafe.

As a class, spiritual life coaching students are required to host two (2) Coaching Cafes, a group externship that is supervised by Inner Visions Faculty and Graduate Assistants. The Coaching Cafe provides SLC students with the opportunity to work together as a team to market and enroll clients. Each student will also be required to complete an individual externship where they are required to coach a minimum amount of clients under the supervision of coaching faculty and faculty interns.

Group Facilitation

This course is designed to introduce students to the components for effective facilitation of groups and individuals. The course will cover specific facilitation skills, the characteristics of effective facilitators, the elements of facilitating sessions, and the levels of group operation and dynamics present when facilitating groups. Students will plan and present facilitation sessions (both in and out of class) and will engage in active facilitation of course sessions. The course also includes focus on being proficient in offering and receiving feedback, and learning to distinguish, address and diffuse group dynamics. Students will develop proficiency as effective facilitators through the planning, development, and implementation of facilitation sessions. Experiential trimester finals will be administered; students must score satisfactory or better for successful completion of this course.



Life Enhancement

This course is designed to support the students in becoming their own first client. Throughout the year students will create a Living Vision Life (LVLP) plan where they identify their vision in three arenas of their lives:

- Spiritual: Students will create a vision around what they desire to experience in their relationship with God/Divine/Source/Universe.
- Professional/Career: Students will create a vision for their coaching practice and/or how the student intends to utilize the skills that are learned and identify the necessary action steps required for the manifestation of the vision.
- An arena of choice: Students will choose a third arena such as quality of life, financial, physical environment, self-care, relationships etc.

Within the context of their LVLP students will identify measurable action steps to support in the manifestation of their vision. Successful completion of this course requires students to manifest what they have outlined within their vision.

This course also explores Eric Erikson's developmental age stages within the context of spirituality and metaphysics. Students will study the effects of unresolved childhood conflicts and will apply spiritual law, principles, skills and tools towards the healing of the root cause. Students will engage in assignments and projects to support them in creating an intimate relationship with their inner child. Successful completion of this aspect of this course requires students to satisfactorily complete an inner child paper and the final project.

Spiritual Leadership

This course is designed as a general introduction to key concepts and distinctions of spiritual leadership, service, and teamwork with emphasis on Leading Self as an important building block in leadership development. Students will identify and break through perceived limits that separate them from their purpose, strengths, and gifts. Students will access their unique gifts and personal power to fuel their expression as a leader. Students will recognize their capacity to lead in all areas of their life, and students will also become aware of their impact on others, learn to create their desired impact, and begin to take responsibility for that impact in all aspects of their life. The course has lecture, activities, exercises, dialogue and other processes. This course is taught with students in the ministerial ordination program.

Spiritual Principles, Practices and Protocols

The course is the anchor of the Spiritual Life Coaching program. Students will be challenged to take a heartfelt look at their relationship with Source, which reflects their relationship with themselves. Based on what is revealed, students are given the opportunity to create or recreate their relationship with Source through the LVLP in such a way that honors who they are. Students will study meditation, prayer practices, rituals & ceremonies and will learn various spiritual/metaphysical modalities and processes to support their spiritual evolution as well as the spiritual evolution of their clients. Students are supported in creating a diverse spiritual foundation by studying various spiritual and sacred texts. Successful completion of this course requires students to establish and maintain a consistent daily, spiritual practice and demonstrate a proficiency in the integration of course materials into their daily life experience.

Graduation Requirements

- The student shall manifest what s/he has outlined in each arena of their Living Vision Life Plan
- The student shall embody and integrate spiritual laws, principles, skills and tools in their lives
- The student shall satisfactorily apply spiritual laws, principles, skills and/or tools into their lives when faced with any challenges
- The student shall receive a satisfactory rating or higher for each quarterly objective (student will be given a list of objectives at the beginning of each quarter).
- The student shall successfully complete all course requirements, (see course descriptions for details)
- The student must submit a written confirmation and present an oral confirmation
- The student must complete all coaching requirements as outlined in the coaching externship



- The student must Demonstrate proficiency in the following skills:
 - The Anatomy of the Coaching Session
 - Effective Listening
 - Exploring Feelings
 - Facilitating Inner Cooperation
 - Facilitating Commitment
 - Facilitating Commitment to Self
 - Facilitating Choice
 - Facilitating Ownership

Successful completion of the program also includes an oral and written confirmation of trimester objectives and personal interviews. The course of study ends with a beautiful Commitment and Commencement ceremony.

~Frequently Asked Questions~

Q: Who is the SLC program open to?

A: This course of study is open to all Certified Coaches, Social Workers, Counselors, Therapists, Psychotherapists, Clergy, Yoga Practitioners, Shamans, Reiki Practitioners, Managers, Human Resources personnel and the like who desire to enhance their current practice or profession to include spiritual skills, tools, principles and universal spiritual laws.

Q: If I am not currently working in a helping profession, but desire to start a coaching practice may I still apply to SLC program?

A: Yes, if you have completed the IVISD personal development program and/or have completed another personal development program (you will be asked to provide a complete description of your program).

Q: If I have not completed the IVISD personal development program or any other personal development program, may I still apply to the SLC program?

A: We encourage you to apply to our Personal Development Program prior to applying to the SLC program. Please [CLICK HERE](#) to read more about our Personal Development Program

Q: When do classes begin?

A: Classes begin with a week-long Summer Intensive held on the campus of Omega Institute in Rhinebeck, NY. June 30- July 5, 2019. Monthly class weekends begin September.

Q: If I am unable to attend the full week of the Summer Intensive, may I still enroll?

A: The Summer Intensive provides students with a foundation in spiritual laws, principles, skills and tools as such, attendance during the Summer Intensive week is mandatory for enrollment into the SLC Program.

Q: What computer skills are required for enrollment?

A: We encourage all prospective students to have a basic proficiency in computer applications and usage.



Q: What is the time commitment outside of class weekends?

A: Each monthly class meeting is further supported by online interactions via webinar and weekly conference calls with faculty and peers. Students will be given monthly home assignments to support with the integration of course material covered during class. Assignments are issued and monitored with online instructional tools. Students can expect to receive weekly home assignments and the amount of time that is required to complete assignments will vary based on each student's learning style.

Q: What is meant by "I am my first client?"

A: Mastery of spiritual life coaching principles, skills and practices requires students to make the process of self-coaching an integral part of their everyday life.

Q: What is the financial commitment for the SLC Program?

A: Tuition: \$4900.00, Summer Intensive Room & Board at Omega Institute varies based on accommodations chosen by student, see application for details. Please note the tuition rate is subject to change.

Q: Are books included?

A: Students are required to purchase all required books, a book list will be provided prior to Summer Intensive

Q: Where are classes located?

A: Classes are held in Maryland, an address will be provided at Summer Intensive

Q: Is room and board included for class weekends?

A: Students are responsible for securing their own lodging during class weekend. Previous students have lodged together or have stayed with friends or family who live in the area.

Q: How often are classes held, and what if I have to miss a class?

A: After the completion of the Summer Intensive, classes are held one (1) full weekend a month beginning in September. A student may miss no more than one (1) class weekend with the understanding that all assignments/commitments must be honored. See above for class schedule.

Q: What airport should I fly in to?

A: Many of our students fly into BWI, DCA or IAD and carpool to our class location